

Plants to Filter the Air in Your House

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Having good indoor air quality is very important, especially since many of us spend so much time inside. NASA did a study to find out which plants were best to filter the air of the space station, and their findings are available to all.

Read on to see which house plants are best to filter the air (no only producing Oxygen from CO₂, but also absorbing benzene, formaldehyde and/or trichloroethylene).